



Coaching Education Program

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ENYYSA Coaching Education Overview

The ENYYSA Coaching Education Program is designed to meet the needs of today's modern youth soccer coach. Established is a comprehensive Coaching Education School that offers a USSF-approved curriculum of courses for "Youth Module's", "F", "E", and "D" licenses. Also included in the curriculum are a "D" Upgrade (for those who received a State "D" license and want a chance to obtain a National "D" status), a Goalkeeper Level 1 Certificate, and a Recreation Coach certificate (for those first-time coaches in recreation leagues).

Through this effort, the ENYYSA Coaching Education Program provides:

- A program in which coaches can earn state and national coaching credentials
- A system which improves a coach's knowledge of the game, methodology, and teaching methods
- Valuable information and current coaching trends state-wide, nationally, and internationally

The objective of the coaching licensing curriculum is to provide all soccer coaches, from the beginner to the advanced, with up-to-date theoretical and practical knowledge, so that coaches in Eastern New York can help ensure that our players develop their fullest potential.

All courses are taught by highly qualified ENYYSA Instructional Staff Coaches who hold a variety of National licenses and have great teaching expertise. All courses must be scheduled through the ENYSA State Office. A list is maintained at the State Office and posted on our website <http://www.enysoccer.com>.

All courses are available in Spanish and English. Please visit us on a continual basis to hear about updates pertaining to this opportunity.

Individuals wishing to attend a course or clubs, leagues wishing to host a course may do so by contacting Tim Bradbury, ENYYSA Director of Coaching Instruction, email DirectorofCoachingInstruction@enysoccer.com. An application to host a specific course and a course checklist will be sent to you via email within 72 hours of request.

The Philosophy of the Coaching Program

Coaching courses are an experiential endeavor and practical participation is encouraged. Approximately two-thirds of each course is comprised field sessions and the remaining one-third as lectures. The higher license or certification means more hours required. A complete discussion of the Coaches Education program is provided below. A complete listing of ongoing coaching licensing clinics across Eastern New York is listed on the ENYYSA website (listed above). A minimum of 15 participants must be pre-registered for any course at least five days prior to the start of the class.

The Certification Process

General Requirements

Every ENYYSA Coaching Education candidate must complete the requirements of each specific course in order to obtain a license. Attendance for the duration of each course is mandatory.

The following is a brief description of each ENYYSA Coaching Education course complete with information pertaining to: name of course, minimum candidates needed, cost per candidate, topics, pre-requisite, course length, and testing measures.

For further detail contact Tim Bradbury, ENYYSA Director of Coaching Instruction, email DirectorofCoachingInstruction@enysoccer.com

Youth Modules — U6, U8, U10, U12 3.5 Hours Each Minimum Candidates: 20

Cost: \$45 (plus any prorated facility cost / instructor expenses) per candidate per module (if two are done in one day \$60 per candidate)

These courses are designed basically for the Recreational coach. Each module lasts *3.5 hours* and combines classroom and field instruction, coaches are taught the characteristics, techniques and tactics for these age groups. *Candidates who take three separate Youth Modules automatically receive an “F” certification.*

Topics:

- Philosophy of coaching U6, U8, U10, U12 players
- Characteristics of U6, U8, U10, U12 players
- Appropriate activities for U6, U8, U10, U12 players
- Organizing a youth training session
- (Optional) Team administration and risk management
- (Optional) Prevention and care of soccer injuries
- (Optional) Laws of the Game: modified

Prerequisites:

- AN OPEN MIND!
- Minimum age – 18 years old

Course Length: 3.5 hours

- 1 1/2 hours classroom
- 2 hours field

Testing:

- None

“F” Certificate — U6, U8, U10 9 Hours Minimum Candidates: 15

Cost: \$75 per candidate (plus any prorated facility cost / instructor expenses)

This is a state certification geared designed specifically for the Recreational coach. The main emphasis of the course is based on the unique characteristics of the growing child from a physical, psychosocial, cognitive, and motor skill acquisition perspective and developmentally appropriate activities for them. A detailed analysis of the modern methods of coaching players U6 through U10 is provided. Candidates have a chance to receive invaluable feedback from practice coaching from the instructor.

Topics

- Coaching U6, U8, U10

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- Care and Prevention/Youth Fitness
- Team and Risk Management
- Rules, Fair Play, and Moral Development

Prerequisites:

- Minimum age – 18 years old

Course Length: 9 hours

- 3 hours classroom
- 6 hours field

Testing:

- None

"E" Certificate

18 Hours

Minimum Candidates: 20

Cost: \$125 per candidate (plus any prorated facility cost / instructor expenses)

The "E" License is an entry-level course for all competitive coaches.

This 18-hour course combines field and classroom instruction in intermediate coaching and teaching methodology. This course is a preparatory course geared toward those candidates that are taking the "D" licenses and want to obtain a National "D" license status. Candidates have a chance to receive invaluable feedback from practice coaching from the instructor.

Topics:

- Philosophy of coaching U12 and over
- Methods of coaching
- Team administration and risk management
- Prevention and care of injuries
- Coaching technique
- Coaching tactics
- Laws of the Game
- Principles of attack and defense
- Small-sided games

Prerequisites:

- Minimum age – 18 years old

Course Length: 18 hours of instruction

- 5 hours classroom
- 13 hours field

Testing:

- Written

"D" License**36 Hours****Minimum Candidates: 20****Cost: \$215 per candidate (plus any prorated facility cost / instructor expenses)**

The "D" License is strongly recommended for all competitive coaches of players 15 years old and up

This 36-hour course is the most comprehensive course offered and is ideal preparation for national licensing. Only a limited number of courses are offered each year and registration for this course must be accomplished through the State Office. The participant must hold an "E" license and provide a copy of it when registering for the course. A candidate who takes this course will be awarded a level based on their performance in the course: Fail, State "D", National "D". A candidate who does not pass and receives a "Fail" will be awarded an "E" license, if they do previously have one.

Topics:

- Methods of coaching
- Team management
- Prevention and care of injuries
- Coaching technique
- Coaching tactics
- Systems of play
- Match analysis
- Principles of play

Prerequisites:

- "E" License – candidate must show they have been "actively coaching" for a minimum of six (6)
- Minimum age – 18 years old

Course Length: 36-hours

- 12 hours classroom
- 24 hours field

Testing:

- Methods of coaching – Oral and Video Test
- Tactics – Oral Video Test
- Laws of the Game – Take home Test
- Prevention and Care – Take home Test
- Methods of coaching – Practical Field Session

"D" Retest**9 Hours****Minimum Candidates: 12**

Cost: \$115 per candidate (plus any prorated facility cost / instructor expenses)

This course is offered to coaches that did not pass their “D” course and are looking to receive a National “D”. A candidate who takes this course will be awarded a level based on their performance in the course: Fail, State “D”, National “D”. A candidate who does not pass and receives a “Fail” will be awarded an “E” license, if they do previously have one.

Topics

- Methods of Coaching
- Coaching technique
- Coaching tactics

Prerequisites:

- A State "D" License, a Recommended Retest from a "D" Course
- Minimum age – 18 years old

Course Length: 9 hours

- 3 hours classroom
- 6 hours field

Testing:

- Methods of Coaching and/or Tactics - Oral Test
- Methods of coaching – Practical Field Session

Goalkeeper Certificate - Level 1 and 2**Minimum Candidates: 15****Cost: \$75 per candidate (plus any prorated facility cost / instructor expenses)**

The objective of the Goalkeeping Level I Diploma Course is to explore manners in which the goalkeeper can be incorporated into a team practice. The six-hour course is directed towards the team coach - not the specialist goalkeeper coach. The object is to empower the coach with knowledge and practice methods that will enable the coach to evaluate a goalkeeper in game situations and then design an appropriate practice program for goalkeepers in and outside of team practices. The course includes lecture (theory) and field (practical) sessions.

Topics

- Goalkeeping and Development
- Principles of Goalkeeping
- Techniques/Tactics

Prerequisites:

- Minimum age – 18 years old

Course Length: 9hours

- 3 hours classroom
- 6 hours field

Testing = None

Recreation League Coaches Clinic**4 Hours****Minimum Candidates: 20****Cost: \$680 flat rate (plus any prorated facility cost / instructor expenses)**

A four hour coach's clinic is available for Recreation Leagues Only. There is no state certification for clinic attendance. The Youth Clinic can be catered to meet the needs and demands of those attending. Active participation is strongly encouraged to add to the participants understanding and experience gained from the clinic, but is not required. Each league can host this clinic, once a year, at a time coordinated with the ENYISA Director of Coaching Instruction.

Topics can include:

- Teaching Proper Techniques
- Organizing & Running Effective Practice Sessions
- Small-Sided Soccer
- Fun Games Kids Love to Play
- (Optional) Team Management (Coaching Philosophy, Roles of the Coach, Methods of Coaching, Sideline Coaching)
- Beginners Guide to Team Tactics (U12 and above)

Pre-requisites:

- Minimum age – 18 years old
- Minimum class size: 20 participants

Course Length: 4 hours

- 1 hour classroom
- 3 hours field

Testing: None**Special Topic Certification****4 Hours****Minimum Candidates: 15****Cost: \$45 per candidate (plus any prorated facility cost / instructor expenses)**

This certification addresses special topics throughout the year: i.e. Zonal Defending, Sports Psychology, Striker Play, Management of Soccer Programs, Defending and Executing Set Plays, Current trends in soccer, Fitness, Fast footwork and College Search.

Course Length: 4 hours

- 1 hour classroom
- 3 hour classroom

ENYSSA COACHING EDUCATION FLOW CHART

ALL LICENSES AND CERTIFICATIONS

ARE "USSF" AFFILIATED

