



Eastern New York Youth Soccer Association, Inc.

Affiliated with ENYSASA – USYSA – USSF – FIFA



53 North Park Avenue, Suite 207, Rockville Centre, New York 11570-4111

516-766-0849 • 1-888-5-ENYUSA • Fax 516-678-7411 • E-Mail enyoffice@enysoccer.com

State Camp Westchester – 7/13/09

The Eastern New York State Camps and Training philosophy of coaching youth soccer places great importance on age appropriate activities and creating a player centered learning environment. The programs and training curriculum for the Eastern New York Youth Soccer Association State Camps are geared for the youth player from the U6 age group through the U16 levels. At the earliest ages we make sure that all activities fit the developmental levels of children. All of the programs are run and supervised by licensed and professional coaches that facilitate age appropriate training sessions and understand the developmental process. Regardless of age group, the training these players receive is designed to keep every player active with the ball at all possible times.

Dates:

- 7/13/09 thru 7/17/09

Typical Schedule (Five Hours)

- 8:30AM - 9:00AM - Drop off, Check-In
- 9:00AM – 9:30AM - Intro, Warm Up, Stretch
- 9:30AM – 10:30AM - Technical Training
- 10:30AM – 11:30PM - Tactical Training
- 11:30AM – 12:30PM - Snack, Soccer Talk
- 12:30PM – 2:00PM - Games – Camp Tournament

Cost: \$225

Location:

New Rochelle H.S.
265 Clove Rd
New Rochelle, NY 10801

5/8/09



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